

# Midland Masters AC



## 6k & 8k Cross Country Championships

Organising Club – Droitwich AC

**Sunday, 24<sup>th</sup> January 2010**

To be held from Droitwich Spa High School, Briar Mill,  
Droitwich Spa, Worcs. WR9 0AA

**Start 11.30 am**

Entry Fee £5.00

**NO ENTRIES ON THE DAY**

**Normal Team Awards** – M35-49 (4 to count), M50-59; M60-69; M70+; W35-44; W45+ (3 to count)  
**Age on day**

Send your completed entry form enclosing entry fee and an "A5/C5" (162mm x 229mm) sae  
with a 1<sup>st</sup> Class Stamp to: -

**Race Secretary, CC Championships, Rainbow Cottage,  
15 Meadow Lane, Alvechurch B45 7LH**

Cheques payable to MMAC

**CLOSING DATE: Monday 18<sup>th</sup> January 2010**



### MMAC XC Championships 2010

**Please complete in BLOCK CAPITALS**

Surname: \_\_\_\_\_ First Names: \_\_\_\_\_  
Address: \_\_\_\_\_ Day Time Tel No: \_\_\_\_\_  
\_\_\_\_\_ Affiliated Club: \_\_\_\_\_  
\_\_\_\_\_ MMAC No: \_\_\_\_\_  
Post Code: \_\_\_\_\_  
Male/Female: \_\_\_\_\_  
DOB \_\_\_\_\_ Fee Enclosed: £ \_\_\_\_\_

**Please ensure all details are completed – incomplete forms will be invalid.**

I declare that to the best of my knowledge I am medically fit to compete and that I enter at my own risk and agree that the organisers shall not be liable for any accident, injury, loss or damage resulting from my participation. I agree to abide by UKA Rules.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_